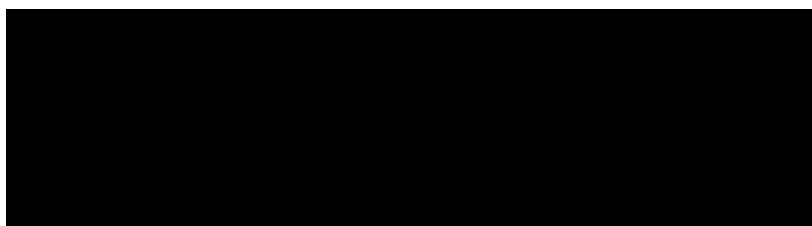


PERSONAL INFORMATION

Flavia Crețu



PROFILE

SHORT DESCRIPTION

Fierce
Lucid
Ambitious
Visionary
Innovative
Artsy

A visionary and insightful communicator driven by a deep desire to inspire personal transformation and collective healing through experiential learning, creative strategy, Jungian *individuation*, and social impact. Anchored in a personal commitment to justice, education, and sustainability, I aim to lead or contribute to transformative initiatives that use communication as a tool not just for persuasion, but for empowerment, healing, and long-term social change.

PROFESSIONAL EXPERIENCE

05 Apr. 2022 – 11 Jun. 2025

Social Survey Interviewer

ISRA CENTER

- Conducted various market research studies, identifying and interviewing suitable respondents for both qualitative and quantitative projects.

Interviews and Data Collection:

- Conducted over 15+ in-depth interviews with consumers across sectors such as retail.
- Administered surveys and managed data collection

Full-service market research agency based in Bucharest, Romania

EDUCATION

2024 - ongoing

University of YORK CITY COLLEGE Europe Campus, Romanian-American University (Dual degree)
BA Honours Business Studies Marketing (Full-Funded Scholarship)

2021 – 2024

High School – National College (Iași): <http://www.colegiulnationaliasi.ro>

2017 - 2021

Graduation from the gymnasium cycle – National College (Iași)

EXTRACURRICULAR ACTIVITIES

INTERNATIONAL ERASMUS PROGRAMS – TRAINING COURSES – YOUTH EXCHANGES CONFERENCES

18 May 2025

- Integrative NLP Practitioner Certificate offered by the Professional Association of Integrative NLP and the International Association for Neuro-Linguistic Programming**

27 Jan. – 28 Feb. 2025

- Certificate of Completion of the Social Economy Entrepreneur Course, issued by the Ministry of Labor and Social Solidarity and the Ministry of Education

15 – 19 Dec. 2024

- Participation in **Kennedy Academy for Students**, 6th edition by **American Councils and US Embassy**

15 – 17 Nov. 2024

- Participation in EU for Global “The role of EU in the world” Bucharest, Romania Conference, project Funded by the European Union, Europuls**

6 – 8 Sep. 2024

- Youthpass for active participation in Step into Democracy Erasmus+ programme**

19 – 28 Aug. 2024

- Youthpass for active participation in Ambassadors of Future Erasmus+ programme**

28 – 31 Mar. 2024

- Youthpass for active participation in YOUTH PHOENIX Erasmus+ programme**

27 – 28 Jul. 2023

- Certificate of Participation Trigger your potential training**

11 – 18 Sep. 2023

- Youthpass for Participation in the Erasmus+ Training course ACT FOR YOUR MENTAL HEALTH 2, Vac, Hungary**

4 – 11 Sep. 2023

- Youthpass for Participation in the Erasmus+ Youth exchange CAREER: DISCOVER YOUR POTENTIAL ERASMUS + YOUTH PROJECT (Holland, Gelderland)

Aug. 2023

- Participation in the Schwarzkopf-Stiftung Junges Europa project
<https://schwarzkopf-stiftung.de/bildung-und-reisen/reisestipendien/>

10 – 19 Jul. 2023

- Youthpass for Participation in the Erasmus+ Youth Exchange “LET’S TOLERATE”, Faenza, Italy

31 May – 03 Jun. 2023

- Participation in the CERV EUROPEAN PROJECT FUTUREU Conference (Diosd, Hungary, Erasmus+)

18 – 27 Apr. 2023

- Youthpass for Participation in the Erasmus+ Youth Exchange HEROES & LEGENDS (Poronin, Poland)

Spring 2023

- Participation in the SprinCo International conference made by AIESEC

14 – 17 Mar. 2023	Participation in the CERV EUROPEAN PROJECT FUTUREU Conference (Malta Erasmus+)
22 Feb. – 03 Mar. 2023	Youthpass for Participation in the Erasmus+ Training Course Germinating Futures, Germany
10 – 19 Jan. 2023	Youthpass for Participation in the Erasmus+ Youth Exchange "DON'T CONSUME, CONVERT!" in Cesky Tesin, Czechia – certificate assured by Healthy Life Sport Centre
10 – 18 Dec. 2022	Youthpass for Participation in the Erasmus+ Youth Exchange Critical Thinkers, Sofia, Bulgaria
14 – 24 Nov. 2022	Youthpass for Participation in the Erasmus+ Youth Exchange "WHAT'S THE BUZZ, TELL ME WHAT WAS HAPPENING", (Sarata Monteoru, România)
11 – 14 Nov. 2022	International Training Leaders for Europe, 8th edition on youth policies
21 – 28 Oct. 2022	Youthpass for Participation in the Erasmus+ Youth Exchange "LIFE WITHOUT GARBAGE" (Milków, Poland)
12 – 22 Sep. 2022	Youthpass for Participation in the Erasmus+ Youth Exchange Right Action is the way of prevention – certificate assured by AFAD (Disaster and Emergency Management Authority)
29 Aug. – 5 Sep. 2022	Youthpass for Participation in the Erasmus+ Youth Exchange "LET'S INTEGRATE", (Milków Poland)
18 Jul. 2022	eTwinning Quality Label Award as a pupil for the project "CONSUMING / OVERCONSUMPTION"
4 Jul. 2022	eTwinning Quality Label Award as a pupil for the project "NO MORE WASTE!"
May 2022	Participation in the international poetry festival in Iasi, 8th edition
12 May 2022	Participation in the discussion workshop supported by Fr. CS dr. Liviu Petcu at the Dumitru Stăniloae International Symposium organized by the Dumitru Stăniloae Faculty of Orthodox Theology from the Alexandru Ioan Cuza University in Iasi in partnership with the Archdiocese of Iasi
12 – 16 Nov 2018	- Certificate of attendance at the 2nd Learning/Training Event of Eurokids 24 News – XXist Century Skills through School Radio and Newspaper project 2017-1-ES01-KA219-038256_6, funded by Erasmus+ Program - Active participation in International festival Poetry in Iasi
22 – 29 May 2022	
SOCIETIES – NGO'S-ASSOCIATIONS	
February 2025-Ongoing	Project Manager in Actiwise, European Solidarity Corps Project, Co-funded by European Union (self-written project with AHA Federation)
November 2024-Ongoing	CMM President, and Head of Management Department and Head of Management Department, former Mediator
September 2024-Ongoing	Oportune youthworker, Project Manager at Oportunități de viitor NGO
Ongoing	Association "Se Poate" volunteer
1 st of May 2024 – 30 Jul. 2025	Project Manager in CC+ Coping Through Catharsis, European Solidarity Corps Project, Co-funded by European Union (self-written project)
20 Mar. 2023 – -20 Aug. 2023	AIESEC member (OGV -Outgoing Global Volunteer)
16 Nov. 2022 – 30 Jul. 2023	ASAP Ambassador (coordinator of the ASAP Society of the National College and member of ASAP, the round table of Iași)
07 Feb. 2023 – 30 Nov. 2023	Member of "SAVE THE CHILDREN" Iași (in the theatre forum program and at the educational center)
2023 – Ongoing	GEYC member
2022 – 2023	- Coordinator CMB3P Romania, in the city of Iași - Informal society militating for ecology, and sustainability
06 Sep. 2022 – Ongoing	HAZE member (informal national society of future entrepreneurs, public speakers, and leaders)
21 Apr. 2021	Organizer EcoSpring sustainable activity in partnership with the city hole administration and SALUBRIS
2020 – 2022	AKTEDIS volunteer certificate (coordinated two municipal events)
EVENTS-TRAININGS-SYMPOSIUMS-CONFERENCES-FESTIVALS-VOLUNTEERING AT NATIONAL/REGIONAL LEVEL	
28 May 2025	Participant at The Business Alliance
May 2025	Event Dialogue between leaders: Education, Governance, Vision for the Future, organised by Romanian-American University in parthenrship with ENVISIA-Boards of Elite, Bucharest
18 – 19 Nov. 2024	Participant in the Business Days Conference, Bucharest
16 – 17 Oct. 2024	Participant at CX Conference and Trainings, Bucharest as University student delegate
Nov. 2024	EU for Global The Role of EU in the World Conference by Europuls
9 – 12 Sep. 2024	Participant at AHA School for Writing European Solidarity Corps Projects
Oct. 2024	Participation in Parlamentul pentru Tineri, organised by Deputee Oana Toiu
9 Nov. 2023	Certificate of Civic Participation PACT, from Eurodemos and Iasi Municipality
07 Jul 2023 edition	Awarded with excellence diploma for dedication, passion, and perseverance shown in the promotion of authentic cultural values by participating in the works of Scientific Symposium Princess Olga Sturza - a destiny part of history by Minister of Education and ISJ
21 – 23 Nov. 2023	Attendance in the training course Gender roles in the media. Representation and inclusion", from the national project Rewrite Gender Narratives in the Media", run by the A.R.T. Association. Fusion, in partnership with the "IELE SÂNZIENE" Association and the Centre for Independent Journalism Foundation, is financed by the Citizens, Equality, Rights & Values program of the European Commission
2022	Legal education courses within the national organization program within the "Be a Lawyer in Your School" program implemented by the National Union of Romanian Bar Associations through Romanian bar associations,

- 2022 • Diploma of participation in the “Nights of Art” events and for the **performance** offered during the event organized by the Simbo Iași Association.
- 22 May 2021 • Iași Treasure Hunt, volunteer (the “DISCOVER THE OLD BUILDINGS OF IAȘI” project, organized within the national competition “HISTORICAL AND NATURAL CULTURAL HERITAGE – ENDOWMENT OF LOCAL COMMUNITIES”)
- 2020 – 2021 • Scientist for a Day (National Aeronautics and Space Administration-NASA) Radioscope Power Systems Program June F. Zakrajsek

CERTIFICATES AWARDS

INTERNATIONAL ACHIEVEMENTS

- 7 May 2022 • **Transylvania Transatlantic Public Forum Debate Tournament**
1st Prize – team accomplishment
1st Prize – individual accomplishment
- 4 Jun 2022 • **Danube Delta Cup international karate competition**
2nd Place – Kumite Category
- 2021 • **Black Sea Tournament**
Certificate of Excellence as a Quarterfinalist
- 2021 • **International Schools Essay Competition**
Honourable Mention
- 31 May 2018 • **International Symposium Literature and Other Arts, Cryptography section**
Special prize
- 31 May 2018 • **International Symposium Literature and other arts,**
3rd Prize, poetry (gymnasium section)

NATIONAL / COUNTY / REGIONAL ACHIEVEMENTS

- 2023-2024 • 3rd prize in regional stage of OLLR (Olimpiada de limba si literatura romana)
- April 2024 • 3rd prize regional stage of the debate Olympiad Tinerii Dezbate
- 12 Nov 2023 • **National Contest “Tinere Condeie”**
2nd Prize – qualification at the national stage – prose section (county stage)
2nd Prize – qualification at the national stage – poetry section (county stage)
3rd Prize – essay section (county stage)
- 7 May 2023 • **National Olympiad of Debate and Critical Thinking – advanced level (regional phase)**
3rd Prize – individual accomplishment
1st Prize – team accomplishment
- 2022-2023 • **Olympiad of Reading as a Life Skill (OLAV)-regional phase**
3rd Place
- 12 Nov 2022 • **NATIONAL CHAMPIONSHIP, IV EDITION, Iași**
1st Place – KUMITE competition
2nd Place – KOBUDO competition
2nd Place – individual KATA competition
- 7 May 2022 • **Olympiad Youngsters Debate and Critical Thinking**
1st Prize – team accomplishment, at the country phase
- 26 Feb 2022 • **SENTOKI Cup – KUMITE Competition, Iași, 6th edition**
2nd Place
- 12 Feb 2022 • **Moldavian Challenge Cup – KUMITE Competition**
3rd Place
- 2022 • **County Contest “Choose to count” – debate section,**
1st Prize – Peace Bearers, team accomplishment
3rd Prize – individual accomplishment
- 2021 • **Regional Contest “Journalist in becoming” (5th edition) with “Palatini” Magazine – coordinator**
2nd Place (first edition of the magazine)
3rd place (second edition of the magazine)
- 13 Apr 2019 • **“Garabet Ibrăileanu” – critical interpretation contest**
1st Prize – contest with international participation, the activity of the “Spiritual Criticality” project in the current European context, included in the calendar of intercounty/regional contests

PUBLICATIONS

LITERARY CREATIONS

- 30 May 2025 • **CC+ Coping through Catharsis Magazine and blog <https://ccatharsis.eu/>**
- 7 May 2022 • **Publishing in the magazine “Ars Gratia Artis”**
• **The Phoenix Flight**
<https://andreeaarama01.wixsite.com/arsgratiaartis/post/zbor-de-phoenix>
- 2021 • **Dream Dust**
<https://andreeaarama01.wixsite.com/arsgratiaartis/post/pulbere-de-vis>
- 2016 • **“The mystery of brown bears, Mura’s Enigma” (nouvel)**

ARTICLES

- 2022 - 2023 • **“Palatini” Magazine – various articles**
- **Turmoil of universal secrets thunders of “Future with a dead head”**
- **“JuniorS ACT” magazine – “Celestial Cry” – poem publishing**

- <https://andreeaarama01.wixsite.com/arsgratiaartis/post/tumult-de-taine-universale-tună-a-viitor-cu-cap-de-mort>
 - <https://preocupatideviitor.org/experienta-unei-participante-in-proiectul-erasmus-right-action-is-the-way-of-the-prevention/>
 - <https://tinerii3d.ro/taking-part-in-the-erasmus-project-lets-integrate/>
 - “The childhood of a flight – Young Artists Iași” magazine – various articles
- 2018
ROLES
2022 – 2023
- President of Management-Marketing Club
 - Project Manager at (Impressum) CC+ Coping through Catharsis, Actiwise (AHA Federation), Oportune (Oportunitati de Viitor NGO)
 - Editor / proofreader at JuniorS ACT magazine no. 3: <https://online.fliphtml5.com/lmyvg/myvd/>
 - Editor / proofreader and participant in the dissemination and launch of the “Cufărul cu Istorie” website
- 2021–2023
- Editor / corrector of “Timpul” magazine – publication of some literary compositions in the project “IMAGINAȚIE ȘI CREATIVITATE”, no. 15
 - Video editor and content creator for the Schwarzkopf-Stiftung Junges Europa project: https://drive.google.com/file/d/157xYmuizjbC20SJOqoBlp3ZEa7yPx8pX/view?usp=drive_link
 - Video editor in Erasmus+ projects: https://www.youtube.com/watch?v=8NOGwF_DYeY
<https://www.youtube.com/watch?v=w6J5s9SaYQE>
- Feb. 2023 – 2024
- 2016

SKILLS

Mother tongue(s) Other language(s)	ROMANIAN				
	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
ENGLISH	C1	C1	C2	C2	C1
	Grade B in the Certificate in Advance English – Cambridge English Level 2 Certificate in ESOL International				
GERMAN	A2	B1	A2	A2	A2
SPANISH	B1	B1	A2	A2	A1

SOCIAL SKILLS

- strong ability to manage difficult or emotionally charged situations; capable of meeting practical demands with resilience and focus
- Excellent communication skills; effective in allocating resources and guiding task execution under pressure
- Highly adaptable to multicultural environments and diverse age groups
- Strong teamwork and leadership skills, including experiential leadership and conflict resolution through participatory activities
- Empathetic and diplomatic, with a natural ability to connect across differences
- from opportunities as working in Oportune as youthworker, Business Conference, CX Conference, the over 15+ Erasmus experiences,

ORGANISATIONAL SKILLS

- Leadership, flexibility, creativity, perseverance, responsibility, ambition, rational but also intuitive spirit, communication skills, dynamism, tenacity, coordinate activities, debating skills, rational but also imaginative thinking, verbal, linguistic, and intrapersonal intelligence, managed over 70+ volunteers (50 from CC+, 20 from CMM, 15 from actiwise +)
- From managing internal disputes in the Management-Marketing Club, from the experience in CC+ Coping through Catharsis, Actiwise projects, from Save the children volunteering in plasament centers, from theatre, coordinating over 50+ volunteers

DIGITAL COMPETENCES

- Social Media (Telegram, Instagram, Facebook, WhatsApp) -coordonating @coping_through_catharsis, Instagram page with over 1700+ followers
- managed at the ccatharsis.eu site
- Good knowledge of Krita, Corel, Kinemaster, CapCut (video-editing tools)

COURSES-HOBBIES-INTERESTS

- volunteering, coordinating projects, creative writing (poems, short stories, novels, essays), performance debate, plastic or digital art (painting, acrylic drawing, pencil drawing, collages), street dance at Quasar, karate at Honbu Dojo, theatre at JuniorS ACT, hiking, swimming, chess.
- My diverse interests due to the fast-learning skills and continuous curiosity, gravitate toward the interpretation and analysis of various motives from psychological, social, and economic nature towards the external or even existential one in my perpetual attempt to embrace clarity through lucidity and discover fascinating new perspectives.